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WHAT IS CLAIMED IS:

1. A method of preparing a fibrous protein smectic hydrogel, comprising:

- a. pouring an aqueous fibrous protein solution into a container comprising a solvent that is not miscible with water;
- 5 b. sealing the container and allowing it to age at about room temperature; and
 - c. collecting the resulting fibrous protein smectic hydrogel and allowing it to dry.
 - 2. The method of claim_1, wherein the solvent is chloroform.
 - 3. The method of claim 1, wherein the solvent is iso-amyl alcohol.
 - 4. The method of claim 1, wherein the solvent is hexane.
- 10, 5. The method of claim 1, wherein the fibrous protein is selected from the group consisting of silk, collagens, keratins, actins, chorions, and seroins.
 - 6. The method of claim 1, wherein the fibrous protein is silk.
 - 7. The method of claim 1, wherein the fibrous protein solution is present in greater than about 4% by weight.
- 15 8. The method of claim 1, wherein the fibrous protein solution is present in greater than or equal to about 8% by weight.
 - 9. The method of claim 1, wherein the fibrous protein solution is present in greater than about 4% by weight, the fibrous protein is silk, and the solvent is iso-amyl alcohol.
- 20 10. The method of claim 1, wherein the fibrous protein solution is present in greater than or equal to about 8% by weight, the fibrous protein is silk, and the solvent is iso-amyl alcohol.
 - 11. The method of claim 1, wherein the fibrous protein solution is present in greater than about 4% by weight, the fibrous protein is silk, and the solvent is chloroform.
- 25 12. The method of claim 1, wherein the fibrous protein solution is present in greater than or equal to about 8% by weight, the fibrous protein is silk, and the solvent is chloroform.
 - 13. The method of claim 1, wherein the fibrous protein solution is present in greater than about 4% by weight, the fibrous protein is silk, and the solvent is hexane.
- 30 14. The method of claim 1, wherein the fibrous protein solution is present in greater than or equal to about 8% by weight, the fibrous protein is silk, and the solvent is hexane.

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15. The method of claim 1, wherein the smectic hydrogel is a bulk solid hydrogel comprising several ordered layers of the fibrous protein.

- 16. A method of obtaining predominantly one enantiomer from a racemic mixture,

 / comprising the steps of:
 - a. pouring an aqueous fibrous protein solution into a container comprising a solvent that is not miscible with water;
 - b. sealing the container and allowing it to age at about room temperature;
 - c. allowing the enantiomers of the racemic mixture to diffuse selectively into the smectic hydrogel in solution;
- d. removing the smectic hydrogel from the solution;

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- e. rinsing predominantly one enantiomer from the surface of the smectic hydrogel; and
- f. extracting predominantly one enantiomer from the interior of the smectic hydrogel.
- 15 17. The method of claim 16, wherein the fibrous protein is selected from the group consisting of silk, collagens, keratins, actins, chorions, and seroins.
 - 18. The method of claim 16, wherein the fibrous protein is silk.
 - 19. The method of claim 16, wherein the fibrous protein solution is present in greater than about 4% by weight.
- 20. The method of claim 16, wherein the fibrous protein solution is present in greater than or equal to about 8% by weight.
 - 21. The method of claim 16; wherein the fibrous protein solution is present in greater than about 4% by weight and the fibrous protein is silk.
- 22. The method of claim 16, wherein the fibrous protein solution is present in greater than or equal to about 8% by weight and the fibrous protein is silk.
 - 23. The method of claim 16, wherein the smectic hydrogel is a bulk solid hydrogel comprising several ordered layers of the fibrous protein.
 - 24. A fibrous protein smectic hydrogel prepared according to the method of claim 1.
- 25. The fibrous protein smectic hydrogel of claim 24, wherein the fibrous protein is selected from the group consisting of silk, collagens, keratins, actins, chorions, and seroins.
 - 26. The fibrous protein smectic hydrogel of claim 24, wherein the fibrous protein is silk.

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27. The fibrous protein smectic hydrogel of claim 24, wherein the fibrous protein smectic hydrogel is greater than or equal to about 38 nm thick.

- 28. The fibrous protein smectic hydrogel of claim 25; wherein the fibrous protein smectic hydrogel is greater than or equal to about 38 nm thick.
- 5 29. The fibrous protein smectic hydrogel of claim 26, wherein the fibrous protein smectic hydrogel is greater than or equal to about 38 nm thick.
 - 30. The fibrous protein smectic hydrogel of claim 24, wherein the fibrous protein smectic hydrogel is a bulk solid comprising several ordered layers of the fibrous protein.

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